

Great Park Dental

 22 Odyssey, Suite 220 Irvine, CA 92618

 (949) 679-0043

Pre-Operative Instructions for Surgery

1. Any patients *under 18 years of age* must be accompanied by a parent or guardian at the time of surgery.
2. Please wear loose fitting comfortable clothing.
3. Please wear flat-soled shoes with ankle support like sneakers (no high heels).
4. If prescribed medication at consultation, please take as directed prior to appointment. You may take this with no more than half a glass of water.
5. Please have ice packs available at home after surgery to reduce swelling.
6. Alcoholic beverages should be avoided 24 hours before and 10 days after surgery.
7. Smoking must be avoided 24 hours before surgery and 10 days after surgery.

Patients undergoing oral sedation:

DO NOT EAT OR DRINK 6 HOURS PRIOR TO SURGERY: including water and coffee. If you need to take medications please take them with no more than half a glass of water. Any questions, please call our office. Please arrange for a ride to and from the office on the day of your surgery. Patient will not be able to drive home after surgery and operate machinery. **PLEASE INFORM YOUR DRIVER THAT HE/SHE WILL NEED TO COME PICK YOU UP FROM OUR OFFICE.**

Please buy suggested foods to have on hand after your surgery. Please refer to Post-operative instructions for care and food recommendations.